

Indulgence - Food - Culture - Small Group Tours

NORTH INDIA

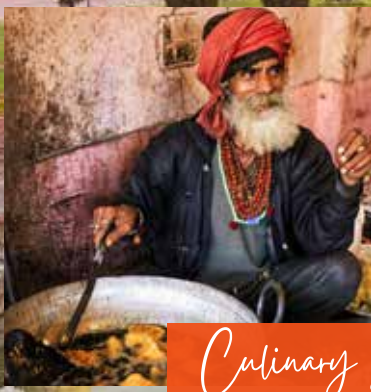
11 nights/12 days



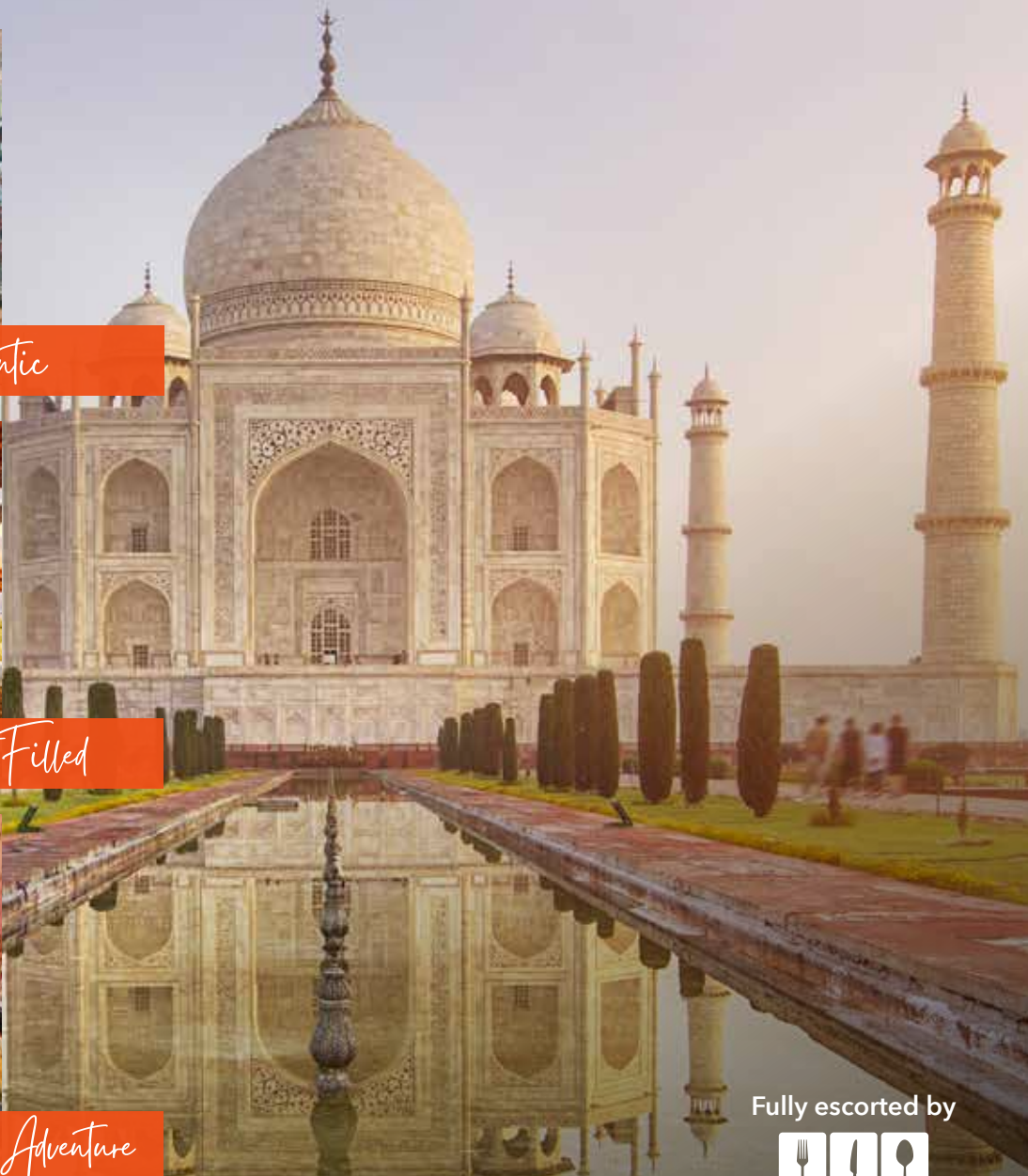
Authentic



Flavour Filled



Culinary Adventure



Fully escorted by



foodiam



It is said that the world is divided into two parts; those who have seen the Taj Mahal and those who have not.

- Mark Twain

Discover the flavours and heritage of India like never before with Food I Am, your culinary and cultural tour specialists. Embark on a fully escorted small group tour through the heart of India, including the enchanting cities of Delhi, Agra, Jaipur, Udaipur, and Varanasi.

Our meticulously crafted itinerary unveils the mystical charm of the Golden Triangle, where you'll explore the iconic landmarks of Delhi, Agra (home to the Taj Mahal), and Jaipur. Venture further into the regal state of Rajasthan to discover the ethereal city of Udaipur, often referred to as the "Venice of the East," and explore the sacred city of Varanasi, nestled in the fertile Ganga valley along the sacred Ganges river. Varanasi is not just a destination; it's a spiritual pilgrimage and one of India's most compelling destinations.

Throughout this extraordinary journey, you'll reside in opulent historical hotels, majestic forts, and traditional havelis. Your taste buds will be delighted with an array of culinary experiences, ranging from exquisite fine dining in a royal palace to savouring traditional regional Thali, indulging in Rajasthani feasts, and relishing the vibrant flavours of street food handpicked by our knowledgeable local guides.

In addition to experiencing the architectural marvels and rich history of India, our tour immerses you in the kaleidoscope of colours and cultures that define this incredible nation. Rest assured, your luxurious journey will be led by our seasoned culinary specialist guide, accompanied by a dedicated national escort in India.

Don't miss this opportunity to join Food I Am on an adventure of a lifetime!

Tania Sibrey
Global Food Explorer & Creator of Food I Am





Delhi

Day 1

India's capital, Delhi, is an enchanting melting pot of diverse cultures and religions, steeped in a rich and vibrant history.

Embark on an unforgettable journey, Delhi is a city steeped in history, culture, and spirituality. Upon your independent arrival to Indira Gandhi International Airport, our guide will warmly welcome you and escort you to your home for the next two nights - a luxurious, historic hotel nestled in the heart of the capital. Prepare to be captivated by the oasis of serenity and comfort that awaits you within its walls.

Mid afternoon, we venture into the colonial charm of New Delhi's Raisina Hill, where history and spirituality converge. Our first stop is a visit to a Sikh place of worship, known as a Gurdwara. Here, we witness the soul-soothing practice of the "langar," a community kitchen where food is prepared with unwavering devotion. Marvel at the remarkable process of feeding up to 40,000 visitors daily, transcending boundaries of caste, creed, colour, and religion. This unique experience will surely leave a lasting impression.

Returning to our hotel, take a moment to unwind before we reconvene in the evening for a memorable welcome dinner. Our chosen restaurant, recognised among Asia's Best Restaurants, presents a fusion of modern Indian cuisine, seamlessly blending the rich flavours and traditions of India with global ingredients and innovative techniques. Tonight marks the beginning of our epic journey towards achieving culinary nirvana.

Come, immerse yourself in the rich tapestry of Delhi's history, culture, and gastronomy with Food I Am - a voyage you won't want to miss!

Accommodation: The Imperial - New Delhi



A Delectable Journey Through New & Old Delhi: Spice Markets and Jama Masjid Mosque

Day 2

Happily, Chaotic! A Blend of Faith, Philosophy, and British India.

Join Food I Am for a memorable journey of flavours, culture and history. We delve into the heart of Old Delhi, a vibrant tapestry of history and culture. Our journey kicks off with a drive past the iconic Red Fort, setting the stage for an enchanting exploration.

The highlight of the day is undoubtedly our street food adventure, always a crowd-pleaser, and today promises nothing less. Climb aboard rickshaws for a fun-filled ride through the lanes of Chandni Chowk before we embark on our walking food trail. Indulge in a symphony of flavours with local savoury snacks, delightful chaat, and zesty chutneys. Then, savour the perfection of filled parathas, complemented by traditional Indian sweets like jalebi and kulfi. To conclude our culinary journey, relish a soothing cup of masala chai that warms the soul. Before we bid goodbye to this culinary adventure, we make a stop at Khari Baoli, Asia's largest Spice Market, where you can pick up aromatic spices to carry the essence of India back home.

Our next stop takes us to Jama Masjid, the largest practicing mosque in Asia, where you can soak in the serenity and spirituality of this architectural marvel. Afterward, we return to our historic hotel, allowing you to bask in the grandeur of the days of the Raj.

Prepare to step into a time capsule from the Mughal era as we dine at the exquisitely restored Haveli. On the rooftop, savour a sundowner and be mesmerised by a traditional dance performance. Our carefully curated menu weaves together a rich tapestry of flavours from across India, ensuring a dining experience that will linger in your memory.

Accommodation: The Imperial - New Delhi



Varanasi (Benaras) - The Sacred City - Where Time Fades into Tradition and Spirituality

Day 3

Varanasi is older than history, older than tradition, older even than legend and looks twice as old as all of them put together." - Mark Twain

Our day begins with an early start as we embark on a flight to the mystical city of Varanasi. Upon arrival, our first destination is the sacred grounds of Sarnath, the revered temple city where Buddha delivered his inaugural sermon beneath the sacred Bodhi tree.

Nestled in the fertile Ganga valley by the waters of the Ganges, Varanasi holds profound significance for Hindus, Buddhists, and Jains alike. It is a city of pilgrimage where devout Hindus come to cleanse their souls in the sacred river's waters.

We arrive and check into our ideally situated hotel, perched on the banks of the sacred Ganges River. Later in the early evening, we embark on a private boat journey along the Ghats, where you'll witness the mesmerising evening Aarti—a deeply spiritual and touching devotional tribute to the Mother Goddess Ganges and Lord Shiva.

Our evening unfolds as we invite you to immerse yourself in the captivating flavours of Banarasi Thali cuisine—a regional feast that truly encapsulates the essence of Varanasi's rich culinary heritage.

Indulge in the grandeur and spirituality of Varanasi with Food I Am on this unforgettable day.

Accommodation: Boutique Hotel



Varanasi: Witness Daily Ghat Rituals and Explore Silk Weavers' Craftsmanship

Day 4

Once in a lifetime everyone should 'feel' Varanasi.

Begin your day with a spiritual awakening as we delve into the heart of Varanasi's morning rituals, an experience that should be felt by everyone at least once in a lifetime. The best vantage point for these sacred activities is from a boat gently gliding along the Ghats. As the sun rises, witness the enchanting daily spectacle of pilgrims immersing themselves in the purifying waters of the Ganges, offering heartfelt prayers to their deities. It's a humbling sight to observe the locals deeply engrossed in their devotions against the backdrop of the holy river Ganges.

After this awe-inspiring morning, we return to our hotel for breakfast before bidding farewell to Varanasi. This city is renowned throughout India for its exquisite silk production and the creation of Banarasi saris. Our next stop takes us to the skilled silk weavers, where you can witness the delicate artistry of thread weaving on traditional handlooms.

In the afternoon, we make our way to the airport for our flight back to Delhi. Upon arrival, we check into our luxurious hotel, where the evening is yours to enjoy as you please. Rest up, for tomorrow beckons with an exhilarating adventure as we set our sights on Agra to behold the breathtaking Taj Mahal.

Accommodation: Boutique Hotel





From Delhi to Agra: Exploring Agra Fort, Jahangir Palace, and Savouring Tandoor Specialties

Day 5

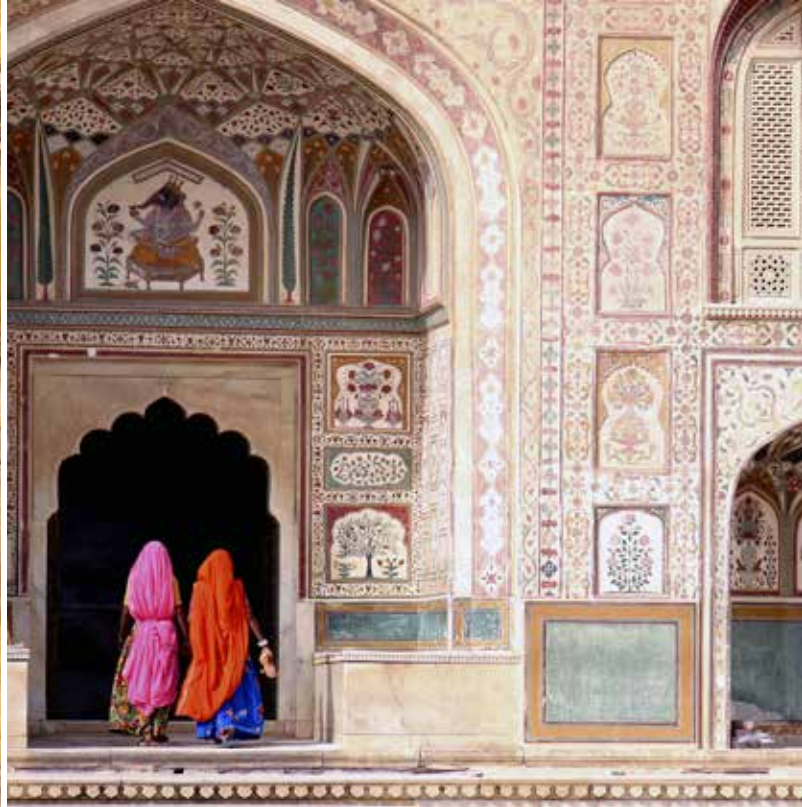
The city with the most extravagant monument ever built for love.

This morning we drive to Agra, upon our arrival we check in to our boutique hotel. In the afternoon, our exploration takes us to the magnificent Agra Fort, where we'll marvel at the Pearl Mosque and the splendid Jahangir Palace.

As the sun begins its descent, we steal a breathtaking glimpse of the Taj Mahal from the shores of Mehtab Bagh, situated on the opposite side of the Yamuna River.

We gather for a lavish dinner, featuring a delectable spread of marinated meats, fragrant Indian breads, and the world-renowned Dal Bukhara. Each dish is meticulously prepared over charcoal and in the clay tandoor, showcasing the culinary mastery that can only be achieved through years of dedicated training and unwavering passion.

Accommodation: Boutique Hotel



From Agra to Jaipur: Taj Mahal, Chand Baori Stepwell, and the Enchanting Pink City of Jaipur

Day 6

Taj Mahal - A Timeless Symbol of Love

For centuries, wanderers from across the globe have traversed continents to witness the ultimate tribute to love, the Taj Mahal. Today, it's our turn to be enchanted by its unparalleled beauty.

The magic of the Taj Mahal is at its peak during sunrise, not only for the soft golden hue that bathes its dome but also for the tranquility it offers with fewer visitors around. With an early start today, we visit this iconic monument, delving into the epic love story that inspired its creation and marvelling at the intricate craftsmanship that brings this architectural marvel to life.

After breakfast at the hotel it's time to bid adieu to the Taj Mahal as we set our course for Rajasthan. Though we leave behind this symbol of eternal love, rest assured that our journey through incredible India is far from over.

En route to our destination, we make a short stop at Chand Baori, one of India's largest stepwells. In ancient times, these stepwells were not only places of relaxation but also served as pools for ritual purification before temple visits.

By late afternoon, we reach Jaipur, the capital of Rajasthan, called the "Pink City", for by law all the buildings in the old city must be painted a deep saffron pink. It is especially known for its arts and crafts: jewellery, enamel work, hand-painted fabrics and stone sculptures. Unpack and unwind, as we'll be calling this home for the next three nights.

Get ready to tantalise your taste buds with a Rajasthani feast tonight. We showcase signature Rajasthani dishes, including the fiery yet flavourful Dahl and the beloved Gatte ki Sabzi. This popular Rajasthani curry, prepared with buttermilk and an array of aromatic spices, is a true regional gem. Savour these delightful dishes alongside delicious flaky roti and fragrant rice, flavours that capture the essence of Rajasthan's rich culinary heritage.

Accommodation: Boutique Hotel



Jaipur's Splendors: Amber Fort, Hawa Mahal and Cooking Class with Local Family

Day 7

Doused in pink, the opulence and beauty of this city paints different strokes on each admirer's soul.

After breakfast we embark on Jaipur. Our first destination is the Amber Fort, an architectural masterpiece that stands as the medieval citadel and former capital of Jaipur state. Perched majestically on a hillside, it overlooks a tranquil lake that mirrors its terraces and fortifications. Amber Fort is a fortified complex that has evolved over six centuries, boasting a collection of splendid palaces that will transport you to a bygone era.

This city of Jaipur is not just a visual feast, but also an early example of organised city planning worldwide. With its 250 year old history, Jaipur presents a breathtaking fusion of forts, palaces, bustling markets, and a myriad of transport options. As you wander its vibrant streets, you'll encounter women adorned in radiant red and orange head coverings, bright bejewelled skirts and men sporting equally vivid turbans and stylish upturned mustaches.

Our journey continues, taking us past the intricately adorned Hawa Mahal, also known as the "Palace of Winds." Constructed in 1799, it boasts a remarkable 953 windows and balconies, a true masterpiece of Rajput craftsmanship. We then move on to the majestic City Palace, once the royal residence and now a museum. This palace is an exquisite blend of Rajasthani and Mughal architectural styles, showcasing an impressive collection of costumes, weaponry, and textiles. You'll have a few hours of free time to explore the labyrinthine lanes of the city's markets and bustling bazaars.

As evening approaches, we have a special treat in store. You'll be welcomed into the warm embrace of a local family, where you'll partake in an interactive cooking class. Led by a skilled local cook, this experience will teach you the art of crafting Indian delicacies. After honing your culinary skills, you'll savour a sumptuous feast prepared by your own hands, sharing the joy of Indian cuisine with newfound friends.

Accommodation: Boutique Hotel



Jaipur: Bagru Village, Block Printing, Textiles, and a Lavish Dinner at Rambagh Palace

Day 8

After breakfast, we embark on a journey to Bagru, a charming village near Jaipur that has etched its name in the global textile industry. As we stroll through the village, you'll have the chance to explore textile houses and witness the intricate art of block printing, a traditional technique cherished for its use of natural colours and wooden blocks. These textile masterpieces are the result of generations of dedication by local artisans, and you'll have the unique opportunity to interact with their families. One of the most captivating sights in Bagru is the vibrant and colourful attire of Rajasthani women, watching them at work is a visual delight.

The afternoon brings you some free time, why not visit the spa and indulge in a traditional Indian Ayurvedic treatment or explore the bustling bazaars of Jaipur.

In the evening, we transfer you to the majestic Taj Rambagh Palace, a perfect occasion to don your finest attire. This opulent palace, constructed in 1835, was the cherished residence of the Maharaja of Jaipur until 1957. Here, our accomplished chefs have mastered the royal cuisines from the princely states of Rajasthan, Awadh, Punjab, and Hyderabad, offering you a tantalising taste of India in Jaipur.

Prepare for a night that will leave an indelible mark on your culinary memory, creating cherished recollections for years to come.

Accommodation: Boutique Hotel





From Jaipur to Udaipur: Exploring Wilderness, Elephant Safari with Mahout, and Romantic Udaipur

Day 9

Udaipur - the Venice of the East!

After breakfast, we bid farewell to Jaipur and head to the serene countryside, where our journey takes us to Dera Amer, a luxurious tented safari camp nestled within a sprawling 60 acre sanctuary of unspoiled wilderness. Our adventure begins with a scenic safari walk alongside majestic elephants, led by their skilled mahouts, through the enchanting Saluwar Forest. Following the safari, we treat ourselves to a delectable open-air lunch featuring the flavours of Pushkar Cuisine.

The City of Romance in the early afternoon, we embark on a flight to Udaipur, often referred to as the most romantic city in Rajasthan. Nestled like a precious gem within a valley, Udaipur captivates visitors with its charming labyrinth of narrow lanes, vibrant markets, lush gardens, pristine lakes, grand palaces, and ornate temples.

Early evening we arrive in Udaipur and settle into our historic haveli, perched on the shores of Lake Pichola, offering us a splendid perspective of Udaipur's lakeside charm. Tonight, we savour a relaxed dinner at the haveli's restaurant, where we are treated to breathtaking views of Lake Pichola and the majestic Aravalli Hills.

Accommodation: Boutique Hotel



Udaipur: Exploring City Palace, Bazaars, Lake Pichola, and Farmhouse Flavours

Day 10

Udaipur never fails to mesmerise!

Today we embark on a journey of Udaipur. Begin your adventure with a captivating walking city tour, taking you to the illustrious City Palace. This architectural marvel boasts artistic mosaics and a treasure trove of wall paintings, with most of the palace now serving as a captivating museum. As you venture behind the City Palace, immerse yourself in the markets and bazaars, soaking in the city's pulsating vibrant culture.

This afternoon, enjoy some free time for lunch and to explore Udaipur at your own pace. Later in the day, reunite for a sunset boat cruise on the picturesque Lake Pichola, with a visit to Jagmandir Island, nestled in the heart of this romantic lake, offering breathtaking views of Sajjangarh Fort as the sun sets—an ideal moment for a memorable sunset sipper!

The City of Lakes continues to enchant you on this final evening. Your restaurant tonight is a hidden gem tucked away from the typical tourist path, but the journey is well worth it. Dine in a charming converted farmhouse, surrounded by fields, and indulge in a tantalising tasting menu featuring experimental cuisine, showcasing contemporary Indian flavours from farm to table.

Accommodation: Boutique Hotel



Udaipur to Delhi: Shopping at the Bazar, Lake Pichola Scenic Strolls, Farewell Dinner

Day 11

In the words of Dr. Navina Jafa, a renowned cultural historian, "India is not merely a destination; it is an immersive experience."

Make the most of your final morning in Udaipur, free to enjoy as you please. Udaipur gives you a variety of enjoyable options. You can explore the lively local bazaars, with Bapu Bazar being a standout for its authentic handicrafts and Rajasthani souvenirs, perfect for some last minute shopping. Alternatively, take a leisurely stroll along the scenic waterfront or simply savour your remaining moments while soaking in the peaceful beauty of Lake Pichola from our charming haveli.

Around Midday, we bid goodbye to Udaipur and make our way to the airport for a flight to Delhi. Upon landing in Delhi, we settle into our luxury hotel and relish a farewell dinner, an opportunity to reminisce about our shared culinary and cultural journey through the vibrant tapestry of India..

Accommodation: Boutique Hotel



Delhi: Reflections on a Remarkable Journey with Food I Am Culinary and Cultural Tours

Day 12

Wow, where did that time go!

As we bid farewell to the enchanting world of India, it's hard to believe how swiftly time has flown by. While all good things must eventually conclude, the memories of our extraordinary adventures will linger on.

Savour your final Indian breakfast, allowing the experiences of this remarkable journey to wash over you one last time. It's time to bid adieu to exotic India.

Your private transfer awaits to take you to Delhi International Airport. Alternatively, you might choose to extend your stay in the exotic allure of India for a few more days.

As we conclude this unforgettable tour, we want to express our heartfelt gratitude for choosing Food I Am Culinary and Cultural Tours as your trusted guide through the wonders of India.

Until we meet again on another culinary and cultural exploration, may your memories of India continue to inspire and delight.

The tour is now concluded.



Snapshot

PRICE INCLUDES

- Eleven (11) nights of luxurious accommodation - A curated selection of historical colonial five-star hotels, forts, havelis (Indian mansions) and palaces, chosen not only for their beauty but also for their exceptional locations.
- Most meals - Enjoy multi-course lunches, dinners, tastings and daily five-star hotel breakfasts. Experience a culinary journey that encompasses fine dining in a royal palace, traditional thali feasts, Rajasthani specialties and street food delights.
- Comprehensive ground transport with professional drivers and top-notch vehicles.
- Private airport transfers upon arrival and departure at Delhi International Airport.
- Four (4) domestic airfares:
 1. Delhi - Varanasi
 2. Varanasi - Delhi
 3. Jaipur - Udaipur
 4. Udaipur - Delhi
- Demonstration cooking class with lunch
- Embark on a street food tour of Chandni Chowk, complete with a rickshaw ride and explore the vibrant spice markets of Khari Baoli
- Expert local guides - Delhi, Agra, Jaipur, Udaipur and Varanasi
- All entrance fees to monuments during sightseeing, including visits to iconic sites such as the Gurdwara Sikh, Jama Masjid, Taj Mahal, Mehtab Bagh, Chand Baori, Amber Fort, City Palace Jaipur, City Palace Udaipur, Jagmandir Island and a Lake Pichola cruise
- Enjoy traditional cultural performances
- Visit local artisans and explore silk weaving communities in Varanasi
- Discover the craftsmanship of Bagru Textile Village and join a short safari walk with an elephant and its skilled mahout at Dera Amer
- Experience a serene sunset boat cruise in Udaipur
- Guided sunset and sunrise boat tours of the ghats in Varanasi with an expert local guide

PRICE EXCLUDES

- International airfares
- All beverages, including alcoholic and non-alcoholic drinks, laundry services, personal items
- Tipping
- Passport and visa fees
- Travel Insurance (COMPULSORY). You should organise travel insurance at the time of paying your deposit. Ask your travel agent or contact an insurance provider such as NRMA & Covermore.

WHY A FOOD I AM TOUR?

- Fully escorted by Food I Am
- Our itineraries are carefully thought out and put together with the assistance of our worldwide culinary connections
- Small groups - no waiting
- Unique food and wine experiences. Our tours are not cooking tours
- No decision making needed - Sit back and relax, we have done all the hard work for you
- Guaranteed the best meals without having to look for the perfect restaurant
- Experience - our tours are full of surprises!
- Authentic and cultural regional experiences balanced with free time
- Travel and share experiences with like-minded people
- Meet the passionate producers and artisans, learn about their craft
- Comfort and luxury - travel and accommodation
- Stress free - no google maps required
- Gastronomy experts and local English guides with exceptional knowledge
- Hosts that care about you as an individual

PRICING INFORMATION:

Cost Per Person (Twin Share)
\$8750

Single Supplement (Room on your own)
+\$3400

For solo travelers willing to share, please contact us.

CLICK HERE
TO SECURE YOUR SPOT
ON THE 2025 TOUR

From our previous tours...



The Taj Mahal, February 2024

“

This tour exceeded all of our expectations (and they were high). From the beginning, the communication was fabulous, the tour ran smoothly - transfers, tour timing, free time. The enthusiastic tour guides whet our palates for further investigation of local history. To meet such incredible people and to form such instant and (hopefully) long lasting friendships was not expected - but what a joy to have been with such an amazing group of people to travel with.

- Richard & Joanne Cheney

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I was nervous about joining a group tour, but needn't have been. I thank you from the bottom of my heart for making one of my long held dreams come true in such a spectacular and comfortable way.

Thank you so much for a fabulous and truly memorable trip. I will never forget the amazing experiences curated for us by Food I Am Tours. Tania, Nerida & Mohinder your patience and attention to all our wants and needs was just the icing on the many layered cake that was our experience in India.

- Genevieve Mott

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We have done several of Food I Am's tours. Tania and her team create memories to last a lifetime. We would highly recommend her tours to anyone. So many memorable experiences and sights; she takes the hard work out of visiting a country, always finding unique experiences, beautiful accommodation and fabulous meals. Food I Am Tour's never disappoint!.

- Frances & Xavier Molloy

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“

FIA Nth India Tour exceeded our expectations by a long way, fantastic in every respect and can not recommend it highly enough for anyone interested in visiting India. Great food, fun, accommodation and adventure everyday. It's a trip not to be missed!

- Wendy & Bruce Harris

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Thank you for an amazing tour. Fabulous accommodation and food with a friendly group who felt more like family. Wonderful caring, professional escort for the whole tour and great guides in every city.

- Elaine

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“

Thank you, Thank you, Thank you Food I Am for the most amazing experience in India. We loved the street/food tour in Delhi. This day was one of our favourites as we don't normally eat street food. The Taj we got to finally tick off the bucket list! Udaipur was our favourite accommodation and city, could have spent more time here. The cooking class was fun and informative. In Jaipur the City Palace, Amber Fort, Hawa Mahal and Ramagh Palace were truly beautiful, the dinner was an absolute treat. From the organisation and our hand picked dining experiences to our tour escort Mohinder, who looked after us so well and dealt with our every need, all details were taken care of. We felt spoilt from start to finish and can't wait for our next tour with Food I Am.

- Kel & Wayne

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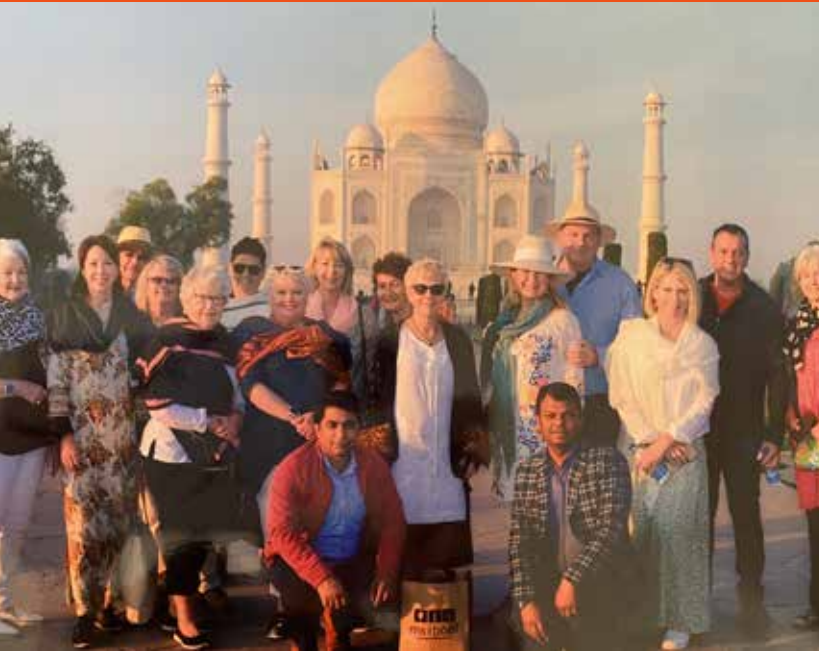
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I felt totally spoilt, and every possible need was catered to. I didn't even need to look for where to buy water!! I loved not having to think for myself and just knew I was in the most capable and unflappable set of hands, amazing! The sourcing, research, contacts, and restaurant knowledge are a credit to Food I Am and I can confidently say there wouldn't be many out there that could do a trip better.

- Lee

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Sharing the love of Food | Am Luxury Food Tours



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Morocco 2023 with Foodiam was my first experience of a group tour and it was truly one of the best travel experiences I have ever had. From the quality and authenticity of the accommodation to the immersive cultural experiences, every aspect of the tour was meticulously planned. The blend of cultural exploration and sheer fun made this tour unforgettable. From bustling markets to hidden culinary gems the whole experience was a treat for the senses. Our local guide was an absolute wealth of knowledge and no request went unanswered.

Thank you Tania and the Foodiam team for your commitment to excellence in every aspect of your tours. I can't wait to join you again!

- Ali Reid, Morocco 2023

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What an incredible time we had visiting India with Food I Am. From dinner in a real Maharaja's palace, to being blessed in a shrine by a toothless Hindu priest, our holiday was truly life changing.

We'll never forget those hectic, motorised rickshaw rides through lively markets, chaotic traffic, heavily laden carts, honking motorbikes, elephants, marching bands and more. Visiting elaborate forts, temples, shrines, mausoleums, palaces, and of course the Taj Mahal was so wonderful - with fantastic local guides bringing it all to life for us. We loved staying in the gorgeous accommodation organised for us too.

Best of all was the insight we gained into the Indian people. Despite considerable challenges, the Hindu faith seems to sustain them and lift them above material concerns (apart from those Hawkers of course LOL!).

It was humbling to watch the locals observing their devotions and rituals with cremation ceremonies and celebrations of life on the holy River Ganges. It was fantastic tasting unique treats from street vendors on food tours down seedy back alleys, learning to cook 'real' Indian for ourselves and of course enjoying the many sensational meals planned for us on the tour.

Thank you for organising such a well-planned trip and itinerary. From sending our luggage ahead by bus so we only had 'carry-on' for the planes, through to seamless hotel check-in, as well as thoughtful touches like our gift bags, everything was simply perfectly organised. We can't wait for the next trip! Thank you so much! Hostess with the mostess!!

- Genevieve & Mark Fleming

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The Food I Am Northern Italy Tour was absolutely amazing. Melina was the tour guide extraordinaire. Her connection with people and places made for a very interesting insight into local productions and cultures of this beautiful countryside. So many taste sensations. We wined and dined at such a variety of restaurants/trattorias/osterias. Nadia's was our favourite. The Antinori Winery was simply awesome. The vintage sports cars and "driving" the Ferrari simulators was such fun. We indulged in new and unique experiences every day with the best group of fun people. We loved it all. Thank you for organising this wonderful experience!

- Bryan & Sally Short - Northern Italy 2023

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Michael and I had the absolute privilege of attending the Food I Am tour to Sicily. The locations and accommodation are thoughtfully hand-picked by Tania & Melina with their incredible travel experience. Visiting places not on the usual tourist tracks make this a special and easy way to experience the destination. Looking back over the itinerary I could list every day and every location as a highlight. They were all so special. The history, the local tour guides, the food, the people, it was just perfection.

The only downside was the tour finishing!

- Nerida & Michael - Sicily 2023

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For anyone that wants to experience the real Italy this is the tour for them. Brilliantly organised with personalised attention to detail to maximise the adventure for everyone. Very pleased to have made so many new friends whilst enjoying a daily appetivo... Or two. Highly recommended for single travellers as well as couples. Will definitely be coming back to do another tour.

- Geoff Crouch

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We have had a wonderful time - THANKS so much. All of our food has been EXCEPTIONAL and choices of accommodation superb. Have really loved seeing the back roads of Italy and staying in the "countryside". Food I Am has given us beautiful and amazing memories of the tastes, landscapes and people of Italy.

- Gary & Pam Krieg

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Our trip to Vietnam was amazing! Meticulously organised, beautifully executed, with a perfect balance of busy and free time. The whole trip was a delight for the senses - the sights, sounds and oh! The food! Incredible! What better way to relax than to let someone else do all of the organising for you, where your biggest decision is a glass of wine or a cocktail? This was the best holiday I have ever had, I would travel with you guys anywhere, anytime.

- Lisa Harvey

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“

Xin Chau to you to Tania and welcome home. Firstly, let me say congratulations on such a beautifully run tour. We were just reflecting on it again last night and saying that it was perfect in every way. Accommodation, organisation, food of course, and your easy going way of dealing with everything and everyone made all of it memorable and pleasurable. Thank you so much for making available your tour and all the wonderful things of Vietnam it showed us. We are telling everyone who asks that this is a truly impressive tour. Take care.

- Anne & Philip Goldsmith

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“

What an amazing adventure Food I Am provided. The tour was so much more than we expected. Everything was thoroughly planned and highly organised but at no time did you feel you were on a tour, it was more like travelling with a group of friends. We saw so much more than we thought we would and got a real sense of the authentic Italian way of life. Tania and Melina's passion and enthusiasm set the tone from the moment we began our journey and remained throughout the entire adventure. This trip was excellent value for money, however the sense of belonging created amongst the group was something no amount of money could buy.

- Vicki & Anthony

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This was a perfectly curated and carefully considered Northern Italy experience that delighted the taste buds, stimulated the mind and generated huge appreciation for Italian food. We loved the Food I Am tour experience because the tours take you to places less touristy and really expose you to a truly local experience.

We felt very safe and supported with Melina as our guide - she is warm, upbeat and informative all the way through. The small group nature of these tours is appealing too as it keep things pretty intimate and informal, unlike the hustle and bustle that can come with larger group tours.

We look forward to travelling with Food I Am again!

- Sarah & Rob Wardman - Northern Italy 2023

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Thank you for an amazing trip. I will remember it forever and will definitely return to the beautiful country and people of Vietnam. It was a real holiday - not having to think and plan everything, especially "where and what to eat", luxury accommodation and service....such a treat!

- Debbie Webb

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This trip has set the bar so high for holidays from here on - travelling with a small group with a well thought out itinerary that provided an excellent mix of unique experiences, structured activities and free time was so relaxing. The accommodation and meals were outstanding and it was so well organised that I never had to think about what to do next. It felt more like travelling with a group of friends than a structured tour and without any of us having to do the hard work.

Thank you - for sharing your passion for food and Vietnam in creating such a wonderful holiday for all of us, and to do it so seamlessly and calmly... Amazing!

- Lee

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Thank you so much for organising such a wonderful holiday. It was very relaxing as everything was organised and taken care of. I just sat back and enjoyed the ride! The group was also a perfect size - intimate yet social, lifelong friendships and amazing experiences were made. Attention to detail was excellent with a vast range of activities to enjoy.

- Jo Stroud

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We travelled to Vietnam with Food I am and had an amazing, fun filled, action packed agenda which was such a unique experience.

Tania shows great love and attention for all, she knows all the secrets places.

Bring along your sense for adventure & appetite to try new things. The street food was some of the best!

- Kym & Travis

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The tour was amazing. Extremely well organised and it showed off the culinary diversity of the entire country. The thing I liked about it the most was being guided down alleyways and into buildings that I would have never have entered myself and then discovering wonderful people serving even more wonderful food. I would highly recommend this experience to anyone.

- Tim & Camille Rose

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Everything about the Northern Italy tour was amazing. The food, the back roads we travelled, the restaurants, Melina's local knowledge, our travelling companions, the wonderful accommodation, the once in a life time experiences and our host, Tania. Be prepared for a case of the Italian blues when you arrive home!

- Adelle & Milton

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If you are single, couple or a group looking for a holiday idea fuelled with delicious food, culture, fun and adventure then a Food I Am culinary tour is for you. Perfectly organised with attention to detail, Tania has perfected her itinerary to cater for a wide genre. After heading on the Northern Italy Tour in 2017 I knew it wouldn't be my last.

I've just returned from the Food I Am Vietnam Tour and I know that won't be my last either!

It really is a great opportunity to be able to immerse yourself into the culture of a Country.

- Jodie Hamilton, Nth Italy 2017, Vietnam 2019

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Thank you Tania, the trip to Vietnam was a wonderful experience. A taste of the unique place Vietnam is and plenty of fun and laughter along the way. Travelicious in every sense - delicious food, culinary skills to learn, lots of things to do (even bike riding)! Can't wait for you to announce your next adventure that we can share. Cheers.

- Leeann Commins

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